



# IMA TELlichERRY NEWS LETTER – APRIL 2019

## ORGANIZATIONAL ACTIVITIES

### **10.04.2019: Executive Meeting**

Executive committee was held at IMA hall on 10.04.2019. President welcomed the gathering.38 members attended the meeting.



### **24.04.2019: General Body Meeting**

The **General Body Meeting** was held on 24.4.2019 at IMA Hall Thalassery at 8.00 pm. Dr. Rajeev Nambiar presided over the meeting. 37 members attended the meeting.



## ACADEMIC ACTIVITIES

**24.04.2019:** IMA Thalassery conducted a CME on “Learning Disabilities – A Story of the Unreached” by Dr.Sachith, MBBS,DCH.MD(Awarded as the best Family Doctor in Kerala 2014) Rajeev Nambiar C K presided over the

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meeting.57 members attended the meeting.

## SOCIAL ACTIVITIES

### Medical Checkups & Camps

**08.04.2019:** IMA&WIMA Thalassery conducted a Summer Camp for Kids at IMA Hall Thalassery.17 Kids attended the Camp. Camp was co-ordinated by Mrs.Soniya Pushparaj.



### Health Education

### **07.04.2019: Health Education Class**

WIMA in association with ICDS Panoor conducted a Health Education Class for Anganwadi Workers at Panoor Block Panchayath Hall. Dr.Seethalakshmi K V (Consultant Gynaecologist, Tellicherry Co-operative Hospital) took the class.



**09.04.2019:** WIMA Thalassery organized a session on Tips on Self Grooming at IMA Hall, Thalassery. The class was conducted by Mrs. Jessy ("She" Beauty Parlour Thalassery). 20 WIMA Members attended the session.



## **OBSERVATION OF IMPORTANT DAYS**

**02.04.2019:** World Autism Awareness day

- IMA Thalassery in association with IAP Thalassery observed "World Autism Awareness Day". ***Distributed pamphlets spreading awareness on Autism at the Bus stands, Railway Station, Thalassery General Hospital and all Private hospitals in and around Thalassery.***

- IMA Thalassery conducted an awareness class and poster exhibition at CHC Pinarayi. Awareness class was taken by Dr. Johnny Sebastian (Secretary IMA Thalassery). More than 100 people including a lot of mothers attended the class. Class was followed by an interactive session.
- IMA in association with IAP & HOPE conducted the Autism Awareness Day. Dr. Rajeev Nambiar (President IMA Thalassery) inaugurated the function. Dr. Sujatha B K felicitated the function. Dr. Jalaudheen gave an awareness class on Autism.



- IMA Thalassery conducted Autism Awareness Day at Down Town Mall. Autism affected children of various areas of Thalassery including their parents came to Down Town Mall. Game Zone was opened to children with autism. The

function was well appreciated by parents and the public.



- Dr.Maya Jithin took an awareness class for staff at General Hospital,Thalassery as a part of Observing World Autism Day.



- Dr.Dilnath Kallat took an awareness class at PHC Muzhapilangad,Thalassery as a part of Observing World Autism Day.



### 07.04.2019: World Health Day

- As a part of World Health Day IMA Thalassery, IAP & WIMA Thalassery jointly organized a World Health Day Celebration at Hotel Gokulam Fort, Thalassery. Welcome speech was given by Dr.Rajeev Nambiar (President IMA Thalassery).The function was presided by Dr.Jalaludheen. There was a class on Management of Asthma What's New by Dr.T U Sukumaran, HOD of Paediatrics, Pushpagiri Medical college, Thiruvalla



- As a part of observing World Health Day IMA Thalassery in association with JCI Thalassery organised a Awareness Class and ENT Medical camp at Palayad. Dr.Hanish Haneefa examined the patients. There was an awareness class on “Protecting Health from Climate Change” for the public .The class was taken by Dr.Hanish Haneefa. 200 patients attended the medical camp.



Motherhood Day at Co-operative Hospital, Thalassery. The class was taken by Dr. Mini Balakrishnan (Consultant Gynaecologist, Tellicherry Co-operative Hospital) at the Seminar Hall. Around 35 people attended the class.

- World Health Day programme was conducted at Indira Gandhi Co-operative Hospital, Thalassery. Dr. K P A Siddeek (Medical Director, IGH & Consultant Paediatrician) took a class on the need of exercise and modification of food habits among doctors to prevent the life style diseases among the medical professionals. Large number of doctors of Indira Gandhi Co-operative Hospital attended the meeting. Meeting was followed by lunch.



**11.04.2019: National Safe Motherhood Day**

IMA Thalassery conducted an awareness class as part of National Safe

**17.04.2019: International Hemophilia Day**

- IMA Thalassery observed “World Hemophilia Day”. *Distributed pamphlets, spreading* awareness on Hemophilia at the Bus Stands, Railway station, Thalassery General Hospital and all Private hospitals in Thalassery.



- IMA Thalassery conducted a poster exhibition for public by the Nursing Students at Co-operative School of Nursing, Thalassery.

**25.04.2019: World Malaria Day**

As a part of World Malaria Day an awareness class was taken by Dr. Dhanya Chandran at PHC Peringalam. A Screening camp for migrant labourers was also conducted along with the awareness class.



**27.04.2019: World Immunisation Day**

IMA & WIMA Thalassery in association with IAP conducted a **class on Immunisation** as a part of World Immunisation Day at General Hospital Thalassery. Dr Maya Jithin (Treasurer WIMA Thalassery) took the class. The class was well appreciated.

**SPECIAL PROJECTS OF THE  
BRANCH**

**IMA Pain & Palliative Care Society  
& Pain Clinic at Govt. General  
Hospital Thalassery**

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

**Pain & Palliative Donation Boxes**

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The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

**Mutual Benefit Scheme**

A scheme for members conducted every year, through which members as well as the association is benefited.

**MISCELLANEOUS**

**Nammude Arogyam:**

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 1660 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants at various medical camps & during functions conducted by IMA Thalassery.

**Association with other**

**Organisations**

**02.04.2019:** IMA Thalassery in association with IAP Thalassery observed "World Autism Awareness Day. **Distributed pamphlets, spreading** awareness on Autism at Bus stands, Railway station, Thalassery General Hospital and all Private hospitals in Thalassery.

02.04.2019: IMA in association with IAP & Hope conducted the Autism Awareness Day.

**07.04.2019:** IMA & WIMA in association with ICDS Panoor conducted a Health Education Class for Anganwadi Workers at Panoor Block Panchayath Hall.

**07.04.2019:** As a part of World Health Day IMA Thalassery, IAP & WIMA Thalassery jointly organized a World Health Day Celebration at Hotel Gokulam Fort, Thalassery.

07.04.2019: As a part of observing World Health Day IMA Thalassery in association with JCI Thalassery organised a Awareness Class and ENT Medical camp at Palayad.

Arogyam stall at venue. Many people visited the stall.

**09.04.2019:** Dr. Rajeev Nambiar (President IMA Thalassery) was invited for release of the book on “Gathakaala Thalassery”.

## **PUBLIC RELATIONS & SOCIAL INVOLVMENT**

**06.04.2019:** Dr. Rajeev Nambiar (President IMA Thalassery) was invited for the 1<sup>st</sup> Anniversary of Hope Early Intervention Centre at Lotus Hall, Thalassery. Welcome address by Sri. Muneer Arayilakath (Chairman HOPE). The Programme was inaugurated by Smt. K K Shylaja Teacher (Hon'ble Minister of Health & Social Justice). Dr. Rajeev Nambiar (President IMA Thalassery) gave a speech on Importance of Early Intervention in the management of Autism and mentally retarded children. IMA arranged Nammude

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